

PROTECTING BEANS TO BRING BENEFITS

Arcadia Mejia Pinerda, Guice, Intibucá
Beans, strawberries and potatoes

Arcadia, 53, lives with her mother on a small farm in western Honduras. She grows beans, strawberries and potatoes and says that the training she has received on good agricultural practices has helped her improve her income and standard of living.

“We have learned how to prepare the soil, when to sow the seeds, how to look for pests and when we need to apply agro-chemicals. Sometimes we get insects that eat the bean leaves and destroy the crop but now we can prevent them” she says.

Arcadia used to sell second hand clothes in the local market but even though farming is more work she says it has been worth taking on her family farm.

“If all farmers in Honduras had this training then all young people would be better off and we would have more profitable farms.”

“We have been working very hard, but with an increased income I have managed to make improvements to my house, to have a better diet which includes meat twice a week and support my two sons who are at university in the city. If all farmers in Honduras had this training then all young people would be better off and we would have more profitable farms,” she says.

