

# KEEPING CAULIFLOWER HEALTHY

Salomon Lorenzo Vasquez, Yamaranguila, Intibucá  
Cauliflower and lettuce



**Salomon is a small-scale farmer.** He lives in the mountains of western Honduras where he grows broccoli, cauliflower, lettuce and maize.

Pests and disease are a constant threat to the quality of Salomon's crop and he says technical support from USAID has been invaluable in transforming his farm into a profitable business.

"They've trained us on how to prepare the soil, how to check on the plants and which pesticide is for the insects because new pests and diseases come up all the time. If you don't apply the right pesticides the plant diseases can destroy your entire crop," he says.

Training in good agricultural practices has helped Salomon increase his yields by 50-100%.

"The training is very fruitful to us," he concludes.

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