It is easier to prevent poisoning than to treat it, so always read the label instructions. In case of any incident, these are the steps you should follow:

**SKIN**
If pesticides get in contact with your skin, remove any contaminated clothing and wash the skin with abundant soap and water.

**EYES**
If pesticides get in contact with your eyes, wash with a gentle stream of cool clean water for at least 15 minutes. Wash each eye individually, from inside out, to prevent cross contamination.

**INHALATION**
If you accidentally breathe in pesticides, find a ventilated place where you are able to get some fresh air. Loosen your shirt and belt. If breathing stops, artificial respiration must be performed on the casualty using proper equipment.

**MOUTH**
If you accidentally swallow pesticides, you must seek medical help as quickly as possible. Do not drink anything. Keep calm and comfortable as much as you can and do not induce vomiting.

Remember, ensure your own safety before helping others, and after taking these first aid steps, seek medical help as quickly as possible and bring the product label with you.